Forgiveness

It's easy to fall into the trap of thinking that if we just keep talking, we'll eventually solve all our problems. But that's not true. Sometimes talking only makes matters worse, especially when we say, "But I just want you to understand where I am coming from,." Which, being translated, means, "I want you to see what a fool you've been and how wrong you are because when you see that, you'll see things my way and you'll admit I was right all along." Sound familiar? We have thoughts like that all the time. But as long as we insist on always being right we will never be set free.