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- **Resources**
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Journey to Loving Others

Overview of Travel Analogy

Travel Plan

- **Destination-Peaceful**, healthy relationships, each getting their needs met
- **Map**-It's easy to get lost! Ever-changing adventure of life stages. God's Word is our map
- **Vehicles**-two become one
- We travel in our own vehicle daily
- We meet up to connect to make one "**Peace**" vehicle
- **Fuel**-Love & it's smaller components
- **Avoiding road hazards**-Understanding and accepting each other's differences & wrongs, resolving conflicts
- **Baggage**-the life experience I bring to the relationship

God's Fuel

- **Love** is made up of components
- Main components from ICor. 13
- Patient, kind, not jealous, not conceited or proud, not ill-mannered, not self-seeking, not easily angered, does not keep a record of wrongs, enjoys truth and honesty, never gives up, never fails, lasts forever
- If you reverse these you get conflict

Talking and Listening Components

Talking (5)

- **W**hat **I** see and hear
- **W**hat **I** think
- **W**hat **I** feel
- **W**hat **I** want
- **W**hat **I** do

Listening (5)

- **P**aying attention
- **E**mpathizing
- **A**sking
- **C**hecking
- **E**ncouraging more

God's Fuel

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MAJOR ROAD HAZARD, ROADBLOCK TO LOVING COMMUNICATION

**Paul's instructions from God for loving
attitude, use of words, handling **anger**
and resentments**



HUMBLE, GENTLE, PATIENT AND TOLERANT

- Eph 4:1 Therefore I, the prisoner of the Lord, implore you to walk in a manner worthy of the calling with which you have been called,
- Eph 4:2 with all humility and gentleness, with patience, showing **tolerance** (to put up with, bear with, suffer) for one another in love,
- Eph 4:3 being diligent to preserve the unity of the Spirit in the bond of peace.

DEAL WITH YOUR ANGER

- Eph 4:26
- Be Angry
(PROVOKE, EXASPERATED), and *yet*
**do not sin; do not let the sun go down on
your anger (RAGE)**
- Eph 4:27 and do not give the devil an
opportunity.

FORGIVENESS

- **Eph 4:31** Let all bitterness and wrath and anger and clamor and slander be put away from you, along with all malice.
- **Eph 4:32** Be kind to one another, tenderhearted, ***forgiving*** each other, just as God in Christ also has forgiven you.

DEAL WITH YOUR ANGER

- **We need to deal with our anger, Paul says daily!**
- **Remove the record of wrongs**
- **Most people have no plan**
- **Most don't even know!!!**

WE CAN BE FOOLED!

- **“If I don’t intentionally examine myself, the unintentional will happen!!!”**



ASK GOD?

- **Pray for God to reveal any unresolved resentments or unforgiveness (keeping a record of wrongs).**
- **Build a bridge for healthy, loving communication. Don't avoid conflict, resolve it!!!**
- **Unresolved conflict often results in unforgiveness and collisions.**

Diagnostic Steps

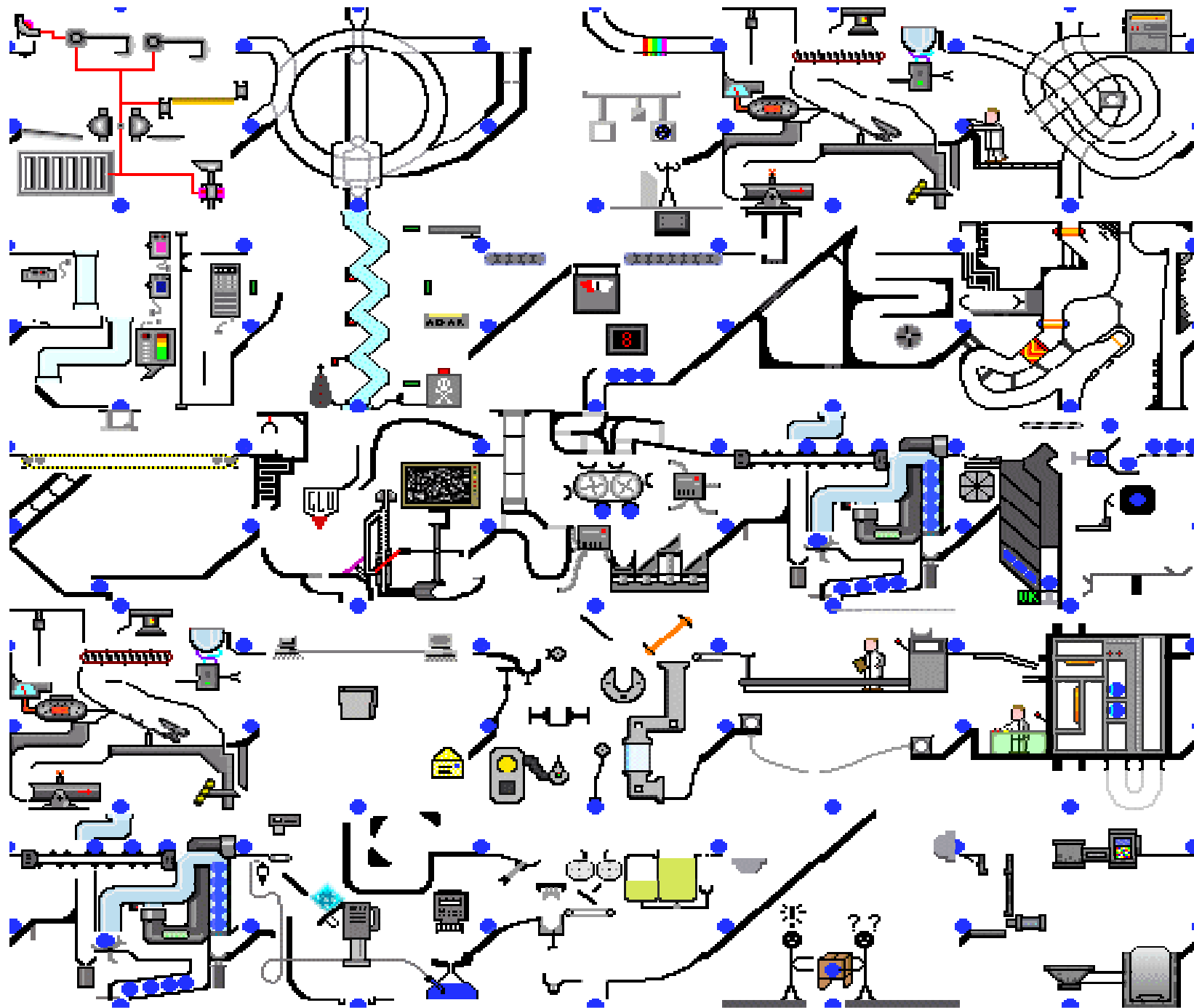
- **1. Find a quiet place**
- **2. Pray for God's help**
- **3. Make a detailed list of the wrongs done to you (Who and What?)**
- **4. List the effects on you**
- **5. List your part**
- **6. Ask God to help you forgive**
- **7. Pray daily for them**

Jesus on Blaming and Judging

- **Mat 7:3** Why, then, do you look at the speck in your brother's eye and pay no attention to the log in your own eye?
- **Mat 7:4** **How dare you** say to your brother, 'Please, let me take that speck out of your eye,' when you have a log in your own eye?
- **Mat 7:5** **You hypocrite!** First take the log out of your own eye, and then you will be able to see clearly to take the speck out of your brother's eye.

Jesus, Again!

- **Mat 6:12 Forgive us the wrongs we have done, as we forgive the wrongs that others have done to us.**









COURAGE

Do one brave thing today... then run like hell.